



PRACTICE DAY SAFETY GUIDELINES

v001

Please follow these guidelines and protocols closely. We are all excited to get back to soccer, however we cannot successfully have a healthy and successful participation without everyone's complete cooperation. Successfully navigating through each step will take our collective focus and concentration on mitigation, precaution, and our attention to detail. The safety & health of our Chargers SC family is our ultimate priority and it will take every single one of us to overcome the challenges we are faced with.

Parent/Guardian Responsibilities:

1. Prior to training check your child if he/she is not feeling well refrain from coming to practice.
2. Stay in or near your car, avoid congregating in the parking lot and/or common areas and adhere to social distance requirements of 6 feet, based on city, state, and local health requirements.
3. In the case of inclement weather, we will dismiss all to their parent/guardian immediately.
4. Please refrain from coming onto the fields. If you would like to observe your child during practice, we ask that you please do so from the common areas outside the outfield.
5. Ensure your child's training gear is washed after every training session.
6. Ensure your child's equipment, (cleats, ball, shin guards, etc.) are sanitized before and after every training. In Phase 1, coach
7. Notify the club immediately if your child becomes ill for any reasons.

Player Responsibilities:

1. Wash hands thoroughly before and after training.
2. Bring and use hand sanitizer at every training and between every break.
3. When you enter the campus go straight to your training field.
4. Bring your own water bottle (labeled with name) to the field or training session. NO food permitted.
5. Do not touch or share anyone else's equipment, water, or bag.
6. Practice social distancing, by placing your equipment, ball, and water bottle aside your training space, maintaining 6 ft from others.
7. Maintain physical distance from your teammates (air high fives are awesome but no high 5's, hugs, handshake, piggy backs, etc.)
8. At the end of training return to your parent/guardian immediately.