



## Clearwater Chargers SC – Phase 1 Action Plan

### **Skill Training/Conditioning for Aug. 1<sup>st</sup>, 2020**

**Return to play - Eddie C. Moore, Joe DiMaggio, Sports Plex and Glen Oaks**

#### **1. Player info for Conditioning & Skill Training:**

- A. Each Player brings their own ball, hand sanitizer & water bottle.
- B. Players do not share a ball, equipment, food, or water bottle with others.
- C. Food items requiring spitting are prohibited (sunflower seeds, nuts, etc.)
- D. Players must not high five or shake hands & practice social distancing.
- E. Players that feel uncomfortable coming to trainings are not obligated to attend.
- F. Those who feel ill should stay home; those who may be symptomatic should follow CDC protocols.

#### **2. Arriving at the Fields for Practices:**

- A. Players must report to Safety Table & Sanitize their hands to enter fields.
- B. Players/Parents/Guardians (everyone) should maintain physical distancing in common areas.
- C. All Players must sign a Waiver (also Parents) from FYSA.
- D. Players/Coaches should maintain moderate physical distances from each other.
- E. Sustained close contact should be limited during practice time.

#### **3. Parents info for Practices:**

- A. It is recommended Parents stay in or near their car, avoid congregating in parking lot and common areas, and face masks are recommended. Maintaining 6' social distancing is expected.
- B. Parents/Guardians will NOT be permitted on or around the practice fields.

#### **4. All admin and coaches at Practices:**

- A. It is recommended to wear a mask, respect, and monitor social distancing on and around the field.
- B. Avoid close contact, respect, and monitor social distancing in all practices.
- C. Encourage players to sanitize their hands before & after practices.
- D. Rosters will be maintained for each team.
- E. Disposable PPEs are available in the club house 1<sup>st</sup> Aid Kit.

*These guidelines are following CDC & City of Clearwater Recommendations.*