

BACK TO SOCCER GUIDELINES

Parent/Guardian Responsibilities: Phase 1 –

Conditioning & Skills Training ONLY – NO CONTACT OR GAMES

- 1) Prior to training check your child temperature and refrain from participation if he or she has a fever (≥ 100.4 degrees F).
- 2) If your child currently has any of the symptoms consistent with COVID-19; including coughing, sore throat, shortness of breath OR fever of 100 degrees OR sudden loss of taste or smell the child CANNOT participate in soccer activities until cleared by a medical professional. ([Click for CDC reference page](#))
- 3) Stay in or near your car, avoid congregating in the parking lot and/or common areas and adhere to social distance requirements of 6 feet, based on city, state, and local health requirements. Masks are recommended for parents.
 - o In the case of inclement weather, we will dismiss all to their parent/guardian immediately.
- 4) Ensure your child's training gear is washed after every training session.
- 5) Ensure your child's equipment, (cleats, ball, shin guards, etc.) are sanitized before and after every training. In Phase 1, coach will NOT be supplying soccer balls, bring one from home.
- 6) Notify the club immediately if your child becomes ill for any reason using the report form.

Player Responsibilities:

- 1) Wash hands thoroughly before and after training.
- 2) Bring and use hand sanitizer at every training.
- 3) When you enter the complex go straight to your training field.
- 4) Bring your ball and water bottle (labeled with name) to the field or training session. NO food permitted.
- 5) Do not touch or share anyone else's equipment, water, or bag.
- 6) Practice social distancing, by placing your equipment, ball, and water bottle aside your training space, maintaining 6 ft from others.
- 7) Maintain physical distance from your teammates (air high fives are awesome but no high 5's, hugs, handshake, piggy backs, etc.)
- 8) At the end of training return to your parent/guardian immediately.

Upon Arrival:

- 1) Player/Parent/Guardian must report to Safety Check-In table in one-at-a-time to maintain social distance. All attendees are encouraged to sanitize or wash hands before and after practice sessions.
- 2) All Players/Parents/Guardians must sign the health screening waiver, aligned with the CDC's "Coronavirus Self-Checker", to affirm medical clearance to participate.